



Recommended books

about sexuality for young people (and for parents)

for N-3

- *And Tango Makes Three* by Justin Richardson and Peter Parnell
- *It's NOT the Stork!* by Robie H. Harris
- *It's so Amazing!* by Robie H. Harris
- *Julian is a Mermaid* by Jessica Love
- *Let's Talk about Body Boundaries, Consent, and Respect* by Jayneen Sanders
- *My Body! What I say goes!* by Jayneen Sanders
- *What Makes a Baby* by Cory Silverberg
- *What's in There? All about before you were born* by Robie Harris
- *Who Has What? All about boys and girls' bodies* by Robie Harris
- *Worm Loves Worm* by J.J. Austrian
- *Who's in My Family? All about our families* by Robie Harris

Grades 4-8

- *Celebrate Your Body (And it's Changes, Too): The Ultimate Puberty Book for Girls* by Sonya Renee Taylor
- *George* by Alex Gino
- *It's Perfectly Normal: Changing Bodies, Growing Up and Sexual Health*, by Robie Harris
- *Sex is a Funny Word* by Cory Silverberg and Fiona Smyth
- *The Prince and the Dressmaker* by Jen Wang

Parents of Teens

- *All about S.E.X.* by Heather Corinna
- *Breaking the Hush Factor: Ten Rules for Talking with Teenagers about Sex* by Dr. Karen Rayne
- *For Goodness Sex: Changing the way we talk to teens about sexuality, values, and health* by Al Vernacchio

Recommended Online Resources

Videos for children of Grades 5-8: [Amaze.org](https://www.amaze.org/)

Videos for Parents of N-4: [Amaze.org/jrparents](https://www.amaze.org/jrparents)

How to talk to Preschoolers about Body and Body Safety

https://www.youtube.com/watch?v=EinNeciMgpQ&index=2&list=PL3xP1jlf1jgJbMnUV_oQZDJgppnQYBUbu

TEDTalk: Sex Needs a New Metaphor

https://www.ted.com/talks/al_vernacchio_sex_needs_a_new_metaphor_here_s_oner

TEDTalk: Violence Against Women is a Men's Issue

https://www.ted.com/talks/jackson_katz_violence_against_women_it_s_a_men_s_issue?language=en

Raising Zay

https://www.youtube.com/watch?v=_yZAH_oyk5A&t=32s

Mom, I'm not a girl

<https://www.youtube.com/watch?v=Si5kAnLyKeg&t=22s>

The Genderbread Person

<https://www.youtube.com/watch?v=89Az3m-qJeU&t=1s>

Porn and the Teenage Brain

<https://the1a.org/shows/2018-02-12/porn-and-the-teenage-brain>

In the #MeToo Era, Raising Boys to be Good Guys

<https://www.nytimes.com/2018/06/01/well/family/metoo-sons-sexual-harassment-parenting-boys.html>

Many Ways to be a girl but one way to be a boy: The New Gender Rules

<https://www.nytimes.com/2018/09/14/upshot/gender-stereotypes-survey-girls-boys.html>

What Teenagers Are Learning from Porn

<https://www.nytimes.com/2018/02/07/magazine/teenagers-learning-online-porn-literacy-sex-education.html>

How to Talk to your Teens about Love

<https://www.npr.org/sections/ed/2017/02/14/514965963/beyond-sex-ed-how-to-talk-to-teens-about-love>